**Major Games Practical (Basketball) (Hockey) (0+2 Cr. Hr.)M.Sc 3rd Semester**

**OBJECTIVES OF COURSE**

This practical course has been designed with the purpose to provide technical knowledge to students develop their skill in selected games.

**COURSE CONTENTS**

1. **BASKETBALL (Skills, Coaching and Officiating**)

a. Dribbling

b. Passing

c. Defense

d. Shooting

**Hockey (Skills, Coaching and Officiating**)

1. Dribbling
2. Passing
3. Stopping
4. Hitting
5. Scooping
6. Goal Keeping

**RECOMMENDED BOOKS (BASKETBALL)**

1. Krause, J. V., & Nelson, C. (2018). *Basketball skills & drills*. Human Kinetics.
2. Thomas, K. (2005). *How Basketball Works*. Maple Tree Press.
3. Prudden, J. (2006). *Coaching girls' basketball successfully*. Human kinetics.
4. Wootten, M., & Wootten, J. (2012). *Coaching basketball successfully*. Human Kinetics.
5. McGee, K. (2007). *Coaching basketball technical and tactical skills*. Human Kinetics.
6. Rose, L. H. (2012). *Winning basketball fundamentals*. Human Kinetics.

**RECOMMENDED BOOKS (Hockey)**

1. Mitchell-Taverner, C. (2005). *Field Hockey Techniques & Tactics*. Human Kinetics.
2. Gendron, D., & Stenlund, K. V. (2003). *Coaching hockey successfully*. Human Kinetics.
3. Robinson, P. E. (2014). *Foundations of sports coaching*. Routledge.
4. Parsloe, E., & Leedham, M. (2009). *Coaching and mentoring: Practical conversations to improve learning*. Kogan Page Publishers.
5. Pavlis, Z. (2003). *Hockey: the basics*. Meyer & Meyer Verlag.
6. Gwozdecky, G., & Stenlund, K. V. (1999). *Hockey drills for passing & receiving*. Human Kinetics.